

# Whatz-it™

## moveable rating scale

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### In the Box

- 1 **Whatz-it** board
- 9 magnetic tiles
- Optional yes/no stickers

### Accessories are available:

- Spare sticker sheets and laminates to generate new labels
- 'ProxTalker App' an easy way to generate new images for labels
- Replacement customised sticker set

## How to use **Whatz-it**

Here are some tips to using **Whatz-it** working with anybody with communication difficulties:

- set up the magnetic tiles on the storage area with the symbols or pictures you want to use. If necessary create new images
- always model how to use **Whatz-it**. With some clients it may be necessary to use a doll or puppet to do this.
- follow the steps below either directly with the client or with a doll or puppet – it can be helpful to use the same area of pain/symptoms that your client presents with
- establish the language used for describing pain – ‘pain’ or ‘hurt’ and be consistent about using this language throughout
- remember **Whatz-it** can be used to rate other experiences too; ‘do you like maths?’, ‘did you like the film we saw?’, ‘how was lunch?’ ...

## Suggested Script

- *I know you have a sore \_\_\_\_\_ and I'm here to help make it better*
- *I want you to tell me how much it hurts / how much pain you've got*
- *This (pointing to the ~~Whatz-it~~) will help you tell me how much it hurts / how much pain you've got.*
- *This symbol (holding up the pain symbol) means hurt / pain*
- *If I put it here (demonstrate sliding the pain symbol into the green section) it means it doesn't hurt / there is no pain and everything is ok – happy facial expression and body language*
- *If I put it here (demonstrate sliding the pain symbol into the orange section) this means it hurts / you have some pain – match facial expression and body language*
- *If I put it up here (demonstrate sliding the pain symbol into the red section) this means it really, really hurts / you have a lot of pain – lots of facial expression and body language to emphasise extreme pain*
- *Can you show me using this symbol how much it hurts / how much pain you have got - give plenty of time for a response and repeat the scale if necessary*
- *Thank you for showing me, now I can help to make it better*

## Scoring chart/metrics

*If you need to* record responses for the duration of an episode of pain, stay in hospital or in general any activity being communicated underneath the **Whatz-it**, is a numeric scale which can be matched to the position of the slider, and recorded on your own documentation.

## Maintenance

The recommended method of cleaning **Whatz-it** is to wash in warm soapy water (typically 35°C).

**Whatz-it** can also be wiped down with various cleaning fluids such as Actichlor©, Incidin©, Clinell©, Hydrex HS©, Milton©, etc.

Do not wash in a dishwasher or autoclave

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